

# Welcome to the Aurora Restaurant

All our dishes are freshly prepared, using local produce & suppliers where possible.

Please note that our dishes may contain one or more of the following allergens:  
cereals containing glutens, peanuts, nuts, fish, shellfish, molluscs, sesame seeds, eggs, milk, soya, lupin,  
celery, celeriac, mustard, sulphur dioxide & sulphites.

If in doubt please ask a member of staff.

Gluten free bread, pasta & pizzas are available on request, subject to availability.

All our food is prepared in a kitchen where gluten may be present.

Please inform our staff when placing a gluten free order.

# SOMETHING TO START ...

## **HOMEMADE SOUP OF THE DAY** (gf vg) **£4.50**

please ask for today's special

## **GRILLED HALLOUMI** (gf v) **£5.20**

with a crisp salad & caramelised balsamic vinegar dip

## **RED THAI MUSHROOMS** (gf vg) **£5.50**

pan fried mushrooms in a spiced red thai & coconut sauce. Served with crusty bread.

## **MEDITERRANEAN WILD RICE SALAD** (g vg) **£5.00**

white & wild rice with mixed leaf, cherry tomatoes, roasted Mediterranean vegetables & mini falafel. Served with an olive oil & balsamic vinaigrette

## **HONEY & MUSTARD CHICKEN SKEWERS** (gf) **£5.30**

tender chicken fillet in a honey & wholegrain mustard marinade served with homemade coleslaw & salad

## **PRAWNS MARIE ROSE** (gf) **£5.90**

North Atlantic prawns served with homemade Marie Rose sauce

## ... FROM THE GRILL

### STEAKS...

RIB EYE 8oz £16.00

RUMP 10oz £16.50

#### ADD A SAUCE:

all £3.00

peppercorn cream

chimichurri

mushroom

...served with a grilled tomato, pan fried mushrooms, peas & steak chips

### PIRI PIRI CHICKEN BREAST (gf) £13.50

boneless breast of chicken rubbed in sweet & spicy piri piri seasoning, grilled & served with a spicy chilli tomato sauce on the side, peas & steak chips

## ... FROM THE LAND

### CHICKEN PARMIGANA £15.00

fillet breast of chicken coated in parmesan breadcrumbs & pan-fried. Finished in the oven with our homemade tomato sauce, mozzarella & Parmesan cheese with your choice of potatoes & side salad

### LAMB SHANK (gf) £16.00

Succulent lamb cooked in a creamy mint sauce & served with your choice of potatoes & seasonal vegetables of the day

### STICKY SLOW ROASTED BELLY OF PORK (gf) £15.00

Basted with a honey, cumin & chilli glaze, served with the sweet, sticky juices. With your choice of potatoes & vegetables of the day or side salad

Choice of potatoes – mash, new, chips, rice or potato of the day

## FROM THE LAND...

### **VIETNAMESE VEGETABLE CURRY** (gf vg) £10.50

Roasted aubergine, peppers, butternut squash & soy beans in a delicious curry sauce of lemongrass, coconut, garlic, lime & chilli. Served with white & wild rice

### **VEGETARIAN FLAVOUR OF THE WEEK** (v) £9.50

please ask for this week's special tart or pie. Served with a new potatoes & side salad

## ... FROM THE SEA

### **CITRUS ROASTED FILLET OF SALMON** (gf) £15.90

marinated in fresh orange & lemon juice, glazed with honey & roasted. Served on a bed of warm vegetable quinoa & steamed broccoli florets

### **RED THAI MUSSELS** (gf) £15.00

cooked in coconut milk & light Thai spices. Served with crusty bread, white rice or fries

### **MEDITERRANEAN COD** (gf) £13.50

Fillet of cod oven baked & served on a bed of roasted Mediterranean vegetables, chorizo & new potatoes

## EASY OPTIONS ...

### CHEF'S CURRY OF THE DAY (gf) £11.70

served with naan bread, poppadom, mango chutney & white rice

### OVEN BAKED HOMEMADE LASAGNE £9.90

with a chef's side salad

### PASTA CARBONARA (gf) £12.20

served with garlic bread

### VEGETARIAN BANGERS & MASH (gf vg) £9.90

three Linda McCartney sausages cooked in the oven & served with mash potato, peas & red onion gravy

### 12" PIZZA – BUILD YOUR OWN (gf v) £10.50

1. choose from a homemade tomato or BBQ base with a cheddar & mozzarella cheese mix

2. choose three toppings:

onion | tomato | mushroom | sweetcorn | olives | jalapenos | mixed peppers | spinach | pineapple |

caramelised red onion chutney | extra cheese

bacon | sausage | pepperoni | ham | chorizo | chicken | tuna | cracked free-range egg

3. extra toppings £1.30

## ... SOMETHING ON THE SIDE

CHIPS	£3.00
MACARONI CHEESE	£4.20
DELUXE GARLIC BREAD	£4.70
SAUTÉED MUSHROOMS	£3.50
COLESLAW	£3.00

SWEET POTATO FRIES	£3.20
GARLIC BREAD	£3.40
BATTERED ONION RINGS	£3.20
SIDE SALAD	£3.70

(gf) indicates that item is either gluten free or a gluten free alternative can be offered, subject to availability

(v) indicates vegetarian & (vg) indicates vegan option or alternative available

## SOMETHING SWEET ...

### STICKY TOFFEE PUDDING (gf v) £5.50

A warm, soft, date sponge with a creamy toffee sauce served with your choice of cream or custard

### PASSIONFRUIT & MANGO CHEESECAKE (gf v) £4.90

A tropical & creamy baked cheesecake with a passionfruit & mango sauce on a coconut & oat biscuit base

### CHERRY PIE (v) £4.90

served piping hot with cream, custard or ice cream

go for the double on the side ... add £1.00

### BRAMLEY APPLE & CINNAMON CRUMBLE (gf v) £5.20

With a butter crumble topping & served with cream, vanilla ice cream or custard

### CHOCOLATE & COCONUT TART (gf vg) £5.20

dark chocolate & coconut tart on a date, walnut & cashew base

### TRADITIONAL CHEESE & BISCUITS (gf) £5.30

served with crackers, chutney & traditional accompaniments

### SELECTION OF SORBET OR ICE CREAM (gf vg\*) £4.50

2 scoops of sorbet\* or 3 scoops of ice cream

Please ask for our full selection